The Campus slate

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Years Later We Remember

The Campus Slate

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Sate Staff



Faculty advisor: John Hanc

An associate professor in NYIT's Communication Arts department. A long-time journalist and author specializing in health, fitness, active sports and local history—Hanc is a regular contributor to Newsday and a contributing editor to Runner's World magazine. His work also appears in The New York Times, Smithsonian, AARP and Yoga Journal. His 10th book, "Organize Your Mind, Organize Your Life"—a collaboration with Harvard Health Publishing, the consumer publishing arm of Harvard Medical School—is about how to function more effectively in the age of distraction, and will be published in January, 2012.



Layout Editor: Maciej Krasienko

An Advertising senior, Maciej has been with the Slate for three semesters and is graduating next spring. A big fan of tennis, soccer and snowboarding. Maciej aspires to be a Creative Director at Prosche.



Art Director: Roshni Ashar

A Graduate student in the Communication Arts program. She has worked in the Carleton Group and is now a freelance

web and print graphic designer. Roshni is also a Graduate Assistant in the Comm Arts Department. Her interest lies majorly in film making among others and has made a couple of short films and music videos.



Editor in Chief: John Santamaria

John Santamaria is a junior studying Communication Arts working to earn a combined B.F.A. and M.F.A. in the departments 5 year program. He is starting his first year as the Slate's Editor in Chief after spending last semester as a writer. John is a big sports fan rooting for the Mets, Red Sox, Jets, Knicks, and Islanders and his goal is to one day become a sports broadcaster. In addition to the Slate, John is also a reporter for NYIT LI News Tonight and a member of WNYT Radio and Phi Eta Sigma Honor Society on campus. This fall he will begin working as a reporter for AOL Patch of West Islip.



Web Site Editor: Rajay Edwards

Rajay is a Communication Arts student and in his last year at NYIT. His hobbies are playing basketball and working out. He enjoys relaxing and just listening to R&B music on his days off.



Managing Editor: Kyle Retain

A Communication Arts student at NYIT is glad to be back as Managing Editor of the Campus Slate. Reitan's reporting dates back to 2004 when he began freelancing for a newsgroup called the Times Beacon Record Newspapers on the North Shore of Long Island. His aspirations in becoming a journalist grew, and his work has appeared in Newsday, The North Shore Sun, Perpetual Toxins Magazine, Long Island Ultimate Athlete, and most recently, Patch.com. Reitan is currently a contributor of Patch.com and works at WCBS News Radio 880 located in New York City.



Web Site Editor: SanJ Singh

Returning as web editor for a third volume, along with Rayjay Edwards. He was also the Operations Manager of the WNYT radio station and part of the brain trust that helped came up with idea for the annual date auction 3 years ago.



AD Sales/Writer:
Julia Choi is a senior
undergrad at NYIT as
a Communication Arts
major. Julia will be in
charge of Ad sales, and
work as a writer for the
Campus Slate. She is
from Dallas, Texas. She
has interned at Christian

Television System (CTS) as a graphic designer and reporter. Julia was part of the LI News Tonight as a reporter. After she graduates she plans to go towards fashion and get into fashion production. Her hobbies are dancing, and exploring new places to eat.



Social Media/Photographer: Malika David

A senior studying Communication Arts. Her chosen path has led her to specialize in television, and film production. During her years of both higher learning and being a part

of the working mass, she expanded her skills in leadership, time management, and creativity. Malika also previously worked for NYIT LI News Tonight as a camera person and is excited to be part of the Slate staff.



Writer/Photographer: Tyrone Jenkins

A junior studying Communication Arts working to earn a combined Bachelor and Masters degree in the department's five year program with an interest

in Multimedia Journalism. He spends his spare time by writing poetry and fiction as well as watching sports and indie films.



Staff Writer: Usman Khan

A senior at NYIT and a Biology major. During his free time he enjoys to play and watch both football and basketball. His future plans include attending a medical institution and

becoming a physician.



Staff Writer: Hiba Khanzada

A sophomore second year BS/DO student. She enjoys fencing, reading, running, and fashion blogs.

In her spare time you can find her taking sign language and yoga classes, as well as baking for her friends, family, and neighbors.



Blogger: Joe Fortine

A graduate student in the NYIT Communication Arts Department. Formerly the Director of Alumni Relations for NYIT, Joe is completing his MA and hopes to pursue a career in the arts and entertainment industry upon

graduation. His background includes 15 years as a professional actor, singer and video producer along with 10 years in the corporate world as a training and operations manager in the staffing and banking industries. He has appeared in the daytime dramas "Guiding Light" (CBS) and "All My Children" (ABC), as well as regional theater and off-Broadway productions. Joe still sings with different R & B, Blues, Soul and Classic Rock projects in New York City and will be appearing this month on the 22nd at dorm in the East Village, NYC.



Social Media Manager: Ankur Khanna

A senior finishing his last semester as a biology major. Asides from school, he takes interest in sports and is a big fan of the Giants and Knicks. Ankur is excited to be a contributing

member of the campus slate this year.



Staff Writer: Glen Montemarano

A part-time student in the English program since 2003. He looks forward to graduating in May,

2012. Glen has found his college career to be rewarding and encourages all students to stick with their education, no matter how long it takes. A career, a family, and a home are no excuse for not having an education. In his free time, Glen enjoys outdoor activities, including camping, fishing and hiking.



Page 3 Staff Writer: Jay Bhavsar

Jay Bhavsar is a senior at NYIT and is a Biology Major. His hobbies are working out, and playing and watching football. He plans to attend medical school after completing his studies at NYIT and

aspires to become a physician.



Staff Writter: Salvin Jacob

A senior biology major at NYIT. As a new member of the campus slate, he is excited to contribute and help continue the long legacy of the paper. In his free time, he enjoys playing sports such as basketball, and baseball. His

favorite teams are the Knicks, and the Jets. In his spare time, he also enjoys playing the guitar.



Staff Writer: Matthew Schlichtig

In his senior year at NYIT. He is studying under an Interdisciplinary Studies major with the concentrations of Math/Physics, Business and Technical Writing



Staff Writer: Onaib Sarfaraz

In his last year as a biology major at NYIT. He's currently a research intern and volunteer at North Shore University Hospital, He

University Hospital. He aspires to one day become a physician and help

those less fortunate. He is a big sports fan and enjoys watching movies in his spare time.

The current job market is a mess. But Joe Fortine has been there, done that and is here to help.



Read Joe Fortine's blog "Words for the Working World"
on how to survive the current recession
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Letter from the Editor

Hello Campus Slate Readers,

It's hard to believe that this is the final week of the fall semester here at NYIT and I hope everyone has had a successful semester in both academics and enjoying the college experience. This semester for me has been a semester of change as I took over the role of editor in chief of The Campus Slate this year and a position I will continue at until I graduate next May.

I am very proud of what I accomplished this semester for the Slate as I helped transform this publication into a monthly format and working with my staff to also make our website www.campusslate.com a better site for readers to keep up with the NYIT news all the time.

My first semester as editor in chief couldn't have been more successful then what it was and I look forward to next spring and continuing to make this publication better each day. I am also very proud of my Slate staff and the work they've done this semester in which you have read each and every month and including our final issue which you are reading right now.



I'd also like to give thanks to my great staff of editors; Faculty Advisor Professor John Hanc, Managing Editor Kyle Reitan, Layout Editor Maciej Krasienko, Co Web Editors Sanj Singh and Rajay Edwards, and Art Director Roshni Ashar for all their hard work to make this publication what it was this semester. We began working in August to prepare for the semester and I can speak for all of us editors, we are very happy with the product we placed out on campus.

Every semester at The Campus Slate is a semester of change and next spring will certainly be one as we say goodbye to two of our editors who will be preparing for post college life, Layout Editor Maciej Krasienko and Co Web Editor Sanj Singh. We will miss them both and wish them the best of luck in the future. I am exciting to announce Roshni Ashar will be promoted to Layout Editor and Ty Jenkins one of our staff writers and photographer will be promoted to Co Web Editor this coming spring.

Just because we will be taking the Holiday break in a few weeks doesn't mean The Campus Slate won't be reporting news until February. Keep up with our website www.campusslate.com and add us on Facebook or follow us on Twitter @nyitcampusslate to keep up with the latest NYIT news before you return to campus to begin the spring 2012 semester.

From the entire Slate staff to all of you, Happy Holidays!!!

John Santamaria

Editor in Chief





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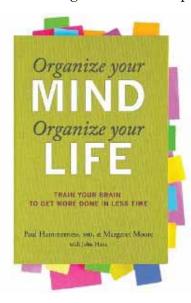
Organize Your Mind, Organize Your Life

By: Tyrone Jenkins

With the end of the semester approaching and finals breathing down your neck, you may feel tense, even frantic and stressed out; your mind may feel riddled with worry. It feels like you're in a life or death situation, when you know you certainly are not.

Have you ever wondered why you feel this way, particularly around exam time? Maybe just as importantly, have you ever wondered what you can do about it?

Two people at Harvard University, Dr. Paul Hammerness, a psychiatrist at Massachusetts General Hospital, and Margaret Moore (a.k.a Coach Meg), an executive wellness coachand co-director of the Institute of Coaching at Mclean Hospital, have something you should take a look



at.With the help of NYIT Communication Arts Professorand Campus Slate Faculty Advisor John Hanc—also a long time health and fitness writer, these two people have authored a book entitled 'Organize your Mind, Organize Your Life."

At its core, the book, which is being published this monthby Harlequin under the Harvard Health imprimatur, aims to combat the disorganized state of mind many of us find ourselves dealing with, especially at exam time. Their weapon of choice, the 'Six Rules of Order', was developed by Dr. Hammerness and the team based on some of the latest scientific understanding of how the brain itself is

organized. The rules for combating a disorganized mind are:

- Tame the frenzy: Be calm; don't let negative emotions and static disrupt concentration
- Sustain attention: Mindfully focus on a task and maintain that focus to make progress
- Apply the brakes: Know how and when to stop an action or thought that's counterproductive
- Mold information: Retain information (working memory) to fuel creative shifts and connections
- Shift sets: Develop "cognitive flexibility;" be prepared to shift or even leap to new connections and insights
 - Connect the dots: Put these organizational skills together to get yourself to the big picture

Though the book is primarily focused on adults, Coach Meg says that she feels it is highly relevant to students. "College is a uniquely challenging time," she says. "Students often have more frenzy than the rest of us." Using the rules the authors provide can help students—to use the authors language—"tame that frenzy," especially during this trying time.

Here's how:

There are no quick fixes: "Find and embrace routine," says Dr. Hammerness. Though there is not one specific thing that will help tame frenzy feeling comfortable about your day to day activities is an effective tool.

Don't try and multi-task: "The brain cannot multitask...it is designed to focus on one thing," says Coach Meg. Instead, she recommends finding a flow "life activities that feel absorbing and effortless and make time fly by" an upcoming webinar expands on this points dismissing the myth that multitasking is neither productive nor possible.

See the big picture: Organize the little details in the picture; this is part of the overarching theme of the book, that there is a bigger picture that can only be achieved by organizing smaller pockets of your life. Your home activity, school work, romantic endeavors, etc each represent one of these pockets which can be organized with the help of 'Organize your Mind, Organize your Life' in "about three months" according to Coach Meg.

Know your limits: "You ability to apply the cognitive brakes—is the hallmark of an organized mind" says Dr. Hammerness. Stopping a task in order not to neglect others is just as important as starting tasks that need to be completed.

Dr. Hammerness and Coach Meg make it clear that in order to organize your life in a meaningful way all of the steps must be implemented as they were "constructed to build upon each other".

'Organize your Mind, Organize your Life' was written by Paul Hammerness and Margaret Moore with NYIT Faculty member John Hanc, and will be distributed by Harlequin Bookson January 3, 2012just in time to start next semester so that when finals roll around again, you'll be ready.

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Celebrating Eid Al Adha at NYIT

By: Hiba Khanzada



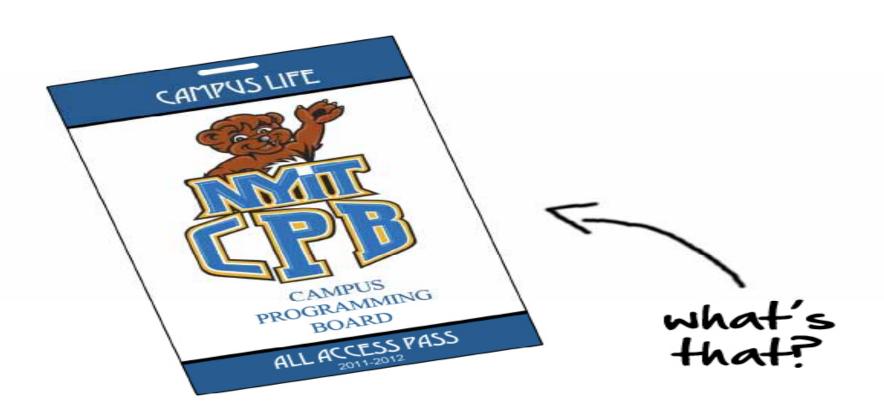
The Muslim holiday of Eid al Adha took place on November 6, 2011 with many of the NYIT student celebrating with family and friends.

The holiday commemorates the actions of Abraham when he was asked to sacrifice his son, Ishmael. In Muslim tradition, when Ishmael was being sacrificed, he was replaced by a gat by God in reward for Abraham's faith. During the holiday, Muslims sacrifice an animal as homage to the sacrifice made by Abraham. The sacrifice is a symbol of Abraham's complete devotion to God, called Allah in Islam.

During the day of Eid, Muslims gather to pray in the morning and then they sacrifice cattle at the butcher's and take it home. The animal is actually physically slaughtered by a man and then taken home after it is cleaned. The meat is then split into three portions: one for the poor, one for friends and family, and one for your own household. Even here, in New York, people donate their portion for the needy to several local charities. In a way, the holiday resembles Thanksgiving, with lavish meals and many donations to express gratitude for everything that we have.

Since Eid is one of two Muslim holidays, the other one being after the month of fasting called Ramadan, celebrations are very festive. Muslims, on Eid day, spend time with their family and friends eating lots of sweets and meat dishes, much like people on any normal holiday would. Sadia Khan, a junior BS/DO student, says, "Eid is amazing because it is the only chance families, friends, and loved ones are able to get together and celebrate. It is a day we take out of our busy lives to have fun and be happy. The joy includes wearing the best clothes you own, putting on henna, and eating meat!"The reason meat is so abundantly eaten is because it had just been freshly slaughtered, so it only makes sense to make lots of meaty dishes to enjoy.

At NYIT, the holiday was celebrated by the Muslim Student Association (MSA), at an Eid banquet on November 9. Everyone, Muslim and non-Muslims, was invited to dress up and play games in belated festivities for the holiday. Elsaid Salem, a speaker at the banquet, says, "Eid is a time for everyone to be happy. It's a celebration; we visit neighbors and family; we share gifts, love, and fun." Almost 50 people attended the event in David G. Salten Hall to enjoy and commemorate-and for the non-Muslims in attendance- to learn more about the holiday. Those wishing to learn more about Eid, or even Islam, can attend an MSA meeting, which occurs every Thursday during free hour in room 312. MSA meetings consist of games and interactive lectures about Islam. To learn more, email the MSA at nyitmsa@gmail.com or visit the NYIT MSA facebook page.



The All Access Pass rewards you for attending NYIT events held by CPB. At the end of the semester, the student with the highest number of points, accumulated from attending events, will win the GRAND PRIZE.

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Video Games and Students

By: Usman Khan



Video games have become an almost vital part of a teens life. Photo Courtesy: american progress.org

On November 8th 2011 thousands of teens and even adults were lined up outside the doors of various game store locations, eagerly anticipating the release of the new video game "Call of Duty: Modern Warfare 3." A couple years before that another title namved Halo 3 was released, it has sold over 14.5 million copies to date and is now the best selling game of all time on the "Xbox" platform. What this all comes down to is the fact that video games are a major part of many teens lives, myself included. In a recent study, sixty five percent of all households in America actively play video games. This billion dollar industry is always on the rise as new titles are released on almost a monthly basis. But what we have to look at is the fact that many students find it hard to draw a line between gaming and addiction. Now a very serious issue, many parents are deeply concerned about the both the educational and physical wellbeing of their children because of the fact that kids spend too much time glued to the TV screen. What you may find surprising is the fact that the average gamer spends an astronomical 18-20 hours a week playing video games. What many

students need to learn is how to manage their time better.

Video games are a form of stress release for many teens; playing many different types of games helps take their minds off the daily stresses of life, schools work and the mundane daily routine. Playing these games can also be very enjoyable and competitive amongst friends and family members. "I just got the new Call of Duty," says NYIT graduate Joel Chandy, "It's a lot of fun playing with my friends, and it gets really competitive online when we all try to do better than each other." According to a study, students cited social interaction as one of the key reasons for their game playing. The majority noted that it was a way of hanging out with friends, as 46 percent reported playing multi-player games. Much research even points to the fact that a limited amount of video games can actively sharpen ones reflexes.

What many parents are now growing extremely concerned about is the fact that many students spend too much time playing and not enough studying or getting a real source of exercise. Gaming addiction is becoming a very ugly reality and it is important that we combat it effectively. A study from Pew Internet Research has found that over 70 percent of college students play video games at least "once in a while." Furthermore, half of the college students who play video games admit the fact that it keeps them from studying "some" or a "lot," a substantial 9 percent even that gaming was a way to avoid studying. Video games are also prime-time for up-all-night college students. About 41 percent of college gamers play after 9 p.m. with only 8 percent reporting that they play before noon.

Although there are no clear guidelines to define "video game addiction" if you find yourself spending more time in front of the television set than with friends and family or your falling behind on your school work, it's time to pause the game. In countries such as Amsterdam and the Netherlands, teenagers and many young adults are checking into addiction treatment centers to begin "detox" by admitting their helplessness towards playing video games. Although such treatment centers are very hard to find in America, many students can find help by talking to friends, family and other professionals.

Video games are fun and we should all play them but should also learn to manage our time better and more efficiently, instead of playing NBA 2K12 or Madden 12, go out and actually play basketball or throw around a football. Video games are a source of relaxation for many teens but we should not let them get the better of us.

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Texting Worth Dying For?!

By: Matthew Schlichtig

Texting while driving is illegal, yet it continues. Are you friends with someone who texts while driving, and want to do something about it? It's called an addiction to texting and driving, and there are a few things you should know to help stop the addiction.



On Nov. 8, NYIT held a texting and driving seminar organized under the auspices of a company called Peers Awareness. This seminar was designed to teach students how much their driving can be affected when they are trying to text and drive at the same time.

Immediately, you knew this was not going to be your ordinary free hour event, simply because there was a car involved—yes, a car, parked right in the middle of the quad. A silver Chevy Aveo was put in the center of the quad with sensor pads and wires connected to it and to a computer to show you how students drive when they are texting. Students signed a pledge to not text and drive, got into the car, adjusted the seat, put on the virtual reality goggles and saw how they would drive if they were texting. While driving, the person working the computer asked the drivers to text something on their cell phones, such as "What are you doing tonight?" or "See you in a minute." 72 students participated in this event and had varying results. Some students crashed, many others narrowly avoided an accident.

Many students tried it—and crashed. Luckily it was a simulation. There are students, however, who were still not convinced. "I think the simulation was not quite as accurate as it could have been," says Ralph DeMayo, a senior student majoring in Interdisciplinary Studies. DeMayo tried the simulator twice and crashed both times but blamed the machine. "The machine made it difficult texting or no texting because the brakes had trouble working at times."

The website Straight Talk Law, calls texting and driving an addiction, and a dangerous one. According to an article on their website, a 23-year old named Tyler Strandberg has totaled three cars in the past three years. All of the accidents were because she was either talking or texting on her phone. Strandberg has learned that texting and driving is asking for trouble. "Sometimes I will zone out and forget I'm driving," says Strandberg. "If I'm on the phone talking about something that takes up all my focus, I'm looking straight ahead — but not even seeing what's there. Wow! That's a recipe for a serious accident." That was the purpose of the NYIT demonstration: To remind us how harmful texting and driving can be to both the driver and the people around them. A driver's concentration can be severely reduced when they are texting, putting on make-up or doing anything that could distract them. According to textingaccidents.com, driving while using a cell phone reduces the amount of brain activity associated with driving by 37 percent (Source: Carnegie Mellon). In other words, when you text and drive, you've lost over a third of your attention, while simultaneously trying to operate a multi-ton motor vehicle at 55 miles per hour.

Here are some sobering statistics on distracted driving from textingaccidents.com.

Nearly 6,000 people died in 2008 in crashes involving a distracted driver, and more than half a million were injured. (Source: NHTSA)

Drivers under 20 years old have the highest proportion of distraction-related fatal crashes.

Drivers who use hand-held devices are four times as likely to get into crashes serious enough to injure themselves. (Source: Insurance Institute for Highway Safety)

Using a cell phone use while driving, whether it's hand-held or hands-free, delays a driver's reactions as much as having a blood alcohol concentration at the legal limit of .08 percent. (Source: University of Utah)

While potential death or serious injury are very good reasons to stop texting and driving, there are also legal consequences that can come from it as well. According to Newsday, law enforcement officials across the state issued 1,082 tickets for violating the texting and driving offense. Violators faced two points on their license and up to a \$150 fine. Getting caught by law enforcement is not something you want to deal with just because you were texting while driving. You will lose time and money if you are caught violating the offense. If you feel like texting your friend, it is best to do it when you are not in the driver's seat.

Talking on your cell phone can increase your chances of a collision by 400 percent.

Then again, chances are you know that texting and driving is dangerous. It's just common sense. So why do so many people...especially students...continue to do it? "A common reason people text and drive is because they are pressured to respond to their friends as soon as they can," said Paulette Giambalvo, Assistant Director of NYIT's Wellness Services, which hosted the free hour seminar. "People can get pressured to respond to their friends quickly because they worry their friends will be upset with them if they don't." If you ever feel pressured to send a text message to your friend while you are driving, ask yourself: Is it worth getting into an accident over...is your rapid response worth your life?

According to a CNBC article written by Phil J. LeBeau, a CNBC auto and airline industry reporter, texting and driving is actually worse than drinking and driving. A magazine conducted a test to see which of the two were worse for a driver to do. The test involved seeing how long it took to hit the brake when sober, when legally drunk at .08, when reading an e-mail, and when sending a text.

The results came out to show the following information: Unimpaired: .54 seconds to brake

Legally drunk: add 4 feet Reading e-mail: add 36 feet Sending a text: add 70 feet

This test shows that texting and driving is actually worse than drinking and driving. With all of the accidents that people have seen from drinking and driving, think of how many more accidents happen because people were driving while they were texting to their friend. According to a CNBC report published on Jun. 25, 2009, the reason that people are not as outraged with texting and driving as they are with drinking and driving is because there have not been as many accidents publicized about texting and driving as there have been about drinking and driving. It is believed that it will take more accidents and deaths to change peoples' views on texting and driving. So maybe now, to go along with Mothers Against Drunk Driving (MADD), we need Mothers Against Texting and Driving (MATD).

The Clash of the Titans

By: Salvin Jacob

Finals are always the toughest time of the year for students and the holiday season only adds to the stress and pressure. Shopping for family and friends can be a daunting task when studying for a cumulative final. This year, you can stay ahead of the curve by following a few helpful techniques and tips.



Photo courtesy: braintrack.com

Procrastination is one of the biggest factors that results in lower grades on final exams. According to USA Today, in 1978 only 5% of Americans thought of themselves as chronic procrastinators but recently, this number has risen to a staggering 26%. Many people seldom realize the importance of prioritizing their time. The earlier

you begin studying for finals, the easier it will be. Some people wait until the last minute to study for finals and this causes great hardship and pressure. "Every year, I only start studying a week before the finals," says Senior Neetu Shaji. "It's hard to do because I have so many classes but I'm to lazy to start earlier." Unlike studying, they set apart ample time for shopping during the holiday season. "I hate shopping closer to the holidays because of the rush. I always make sure I have picked out and purchased presents weeks in advance," Shaji also added. Just as many prepare for the holiday rush, it is important to prepare for finals week. Though it can be a hard task, a technique for final exams studying is to create a study plan so that you can properly allocate time for both studying and holiday shopping.

Another important tip about studying is location. It's important to choose a place with the least amount of distractions for you. Wisser Library, located near the center of the campus, is a place you can study but for most people, seeing friends can be a constant distraction while studying. This is why it would be better to choose another library closer to your house or apartment. Studying in a quiet area such as a library can help you to focus on the material. According to collegethrive.com, studying at home should be your failsafe for when no other option is feasible. This is because there are many distractions such as your computer that can waste valuable time that you could be using for studying.

According to Darthmouth College Academic Skills Center, study breaks are also a key element to effectively studying. It is very strenuous to study for an extended period of time without taking a break. This is why you should take a small break of about 10-15 minutes after a study period of about an hour and half. "Every two hours, I take a ten minute break which allows me to recharge myself for the next round of studying. Without that break, I would lose my mind," says first year NYCOM student Vinay Kudur. For some, study groups are the most efficient way to study. "During undergrad at NYIT, me and two of my friends would study for our hardest class, organic chemistry, by studying and quizzing each other. They challenged me to get a better grade because it became a competition between us to see who got the highest grade," says Kudur.

One of the best ways that you can prepare for finals is by using resources that are provided by NYIT. On the NYIT website under the MyNYIT section, registered NYIT students have access to free academic support such as Smarthininking. This 24-hour online tutoring, which is available for a variety of subjects, can be very valuable when trying to prepare for a finals. There are also other resources on campus such as The Learning Center, The Math Resource Center, and The Writing Center. These are places in which students can get targeted help in certain areas of their studies. Another source of help is Supplemental Instruction in

which a highly qualified peer provides academic support to students. All of these various resources can provide the tools needed to ace your finals.

Finally, one of the most underappreciated aspects of studying for final exams is power of sleep. Sleep deprivation can be devastating because you cannot function optimally on only a few hours of sleep. According to Harvard Health Publications, it is important that you schedule a steady sleep regiment into your studying calendar because sleep allows the brain to go through the process of memory consolidation. This is when the brain is able to move new information into memories. Sleep is also very important part of the studying process because it allows you to concentrate better and helps you retain information that you studied earlier for a longer period of time. Many students do not know these facts about sleep and only sleep a couple of hours the week before the finals. "I usually get about 4 hours of sleep every night from the time I start studying until the time I finish. In the morning, I have to drink 3 cups of coffee before I can even wake up," says Neetu Shaji.

Just as you get a jump-start on holiday shopping, you should start studying for finals early so you don't have to cram at the last minute. You should prioritize your time by creating a study plan so that you can have ample time to study. If you study in a group more effectively, you should contact students from your class and create a group. If more help is needed, NYIT always offers various methods to obtain help. Most importantly, you must get some rest before the finals. Sleep is a key element to optimizing your test score. Use these tips to study for finals and you will do great!



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The Rise from Editor of The Campus Slate to Cable TV

By: Malika David

Many people have their own ways of defining journalism. Kevin Horton's is concise: "We simply hold a mirror up to the community."

During the past 20 years, the 1991 NYIT graduate has worked as a journalist in the New York metro area, in cities across the country, and at news organizations in Russia, Spain, Greece, Sweden and Israel. Unlike many journalists, Mr. Horton's experiences took him down a different path when he started his own publication "The Gold Coast Gazette", a weekly newspaper covering the North Shore of Long Island, which he did soon after graduating from New York Institute of Technology in May 1991 with a B.S. in Communication Arts. Mr. Horton had transferred from Nassau Community College, where he studied acting, to NYIT in the late 80's.

It was here, when he joined NYIT's school newspaper, the Campus Slate that his love for journalism began. Under his watch, the paper won a number of awards leading to Horton being presented with the prestigious Presidential Service Award on graduation.

"As editor of the Gold Coast Gazette, I've had the opportunity to meet many interesting people," said Mr. Horton, who also mentors over 50 interns and students. Kevin Horton has most recently helped in the production of his children's elementary school, All Saints Regional, student newspaper and taught a class in Journalism. He is a member of the Long Island Press Association and the New York Press Association. His newest endeavor is to bring his experiences with the many entrepreneurs to the small screen, on his new public access cable TV show "Kevin's Corner," which premiered last month.

Recently, The Campus Slate interviewed the former editor-inchief, two decades after his graduation, and on the occasion of his latest venture. As he looked back 20 years to his graduation from NYIT, Mr. Horton said that, despite many technological changes, twenty years later the world is much the same. In 1991, he points out, America was in a recession much as it is today. In recent years, Mr. Horton has been on a mission to open a new chapter in his life. As for Kevin of 1991, he was doing much the same; getting ready to step out on his own into what must have seemed like a world of uncertainty. Making the decision to start his own publication was a bit risky but for Kevin it was nothing to fear, he had a plan. He still does.

Q: How has NYIT propelled you to be in the position your are in now? A: I was editor of the school newspaper, the Campus Slate for three years. Freshman year reporter. Sophomore, Junior to Graduation-3 years, Editor in chief. I was a communication arts major and initially wanted to go into television for camera work. But when I got onto the slate newspaper business sort of got into my blood. My mother had had a monthly newspaper in the 1970's when was young. Making Kevin's Corner TV should be a smooth transition since the newspaper has been a great success and I've always thought the stories we've been telling would also make a great television show.

Q: What was your First position after leaving NYIT?

A: Upon graduation from NYIT in June of 1991 my mother and I started the first issue of the Gold Coast Gazette in September. We've been printing every week ever since.

Q: Can you give me a brief description about the Newspaper you created? Same for the TV show?

A: The newspaper is a weekly newspaper covering the North Shore of Long Island. Hometown news by hometown people. We like to tell the

stories that people enjoy knowing about each other. Birth announcements, weddings, birthdays, etc. One of the most cherished features are the "gossip columns" something my mother was famous for. In them were not bad gossip, as some might think, it's the good gossip, like the birth announcements, children's accomplishments. Years, and years, later people will say, "Oh yea, I remember when I was in the paper, I still have the clipping." The "gossip" column I have in the Gazette is called Kevin's Corner. Kevin's Corner "TV" is an extension of that, highlighting our local people.



Kevin Horton (l) was the editor in chief of The Campus Slate in the early 90's

Q: How hard was it to get stated?

A: As I attempted to get financial backers, time and time again, I ask if was crazy for wanting to start up a newspaper business or let alone any type any business in a recession. Being told "No" only got me revved up more and gave me the drive and determination to make it happen. Both my mother and I went to potential advertisers and told them our plans and asked for payment up front to cover the first week... Twenty years later, they have been printed every week since and have grown to be the largest weekly on the North Shore of Long Island with over an 8,000 loyal subscription base. The newspaper is hometown news by hometown people.

Q: What are the kinds of thing you cover in the Gold Coast Gazette, and what do you plan to cover in Kevin's Corner?

A: "We like to tell the stories that people enjoy knowing about each other: birth announcements, weddings, birthdays, etc. One of the most cherished features are the "gossip columns," something my mother was famous for. In them were not bad gossip, as some might think, it's the good gossip, like the birth announcements, and children's accomplishments. Years, and years later people will say to me, "Oh yeah, I remember when I was in the paper, I still have the clipping." The "gossip" column in the Gazette is called Kevin's Corner. Kevin's Corner "TV." is an extension of that, highlighting our local people.

Q: So now tell us about Kevin's Corner, when it started and where it's going:

A: As long as Cablevision does its part the future of Kevin's Corner TV looks bright. It's a weekly show, airing every Friday night at 10pm on Channel 115. It premiered on October 7, 2011. Each half hour show is usually two segments of 15 minutes with different guests. Usually there is a theme, for example on November 4 the show featured Authors... Marylyn Martone with Michele - Marilyn Martone is a recently retired associate professor of moral theology at St. John's University. Michele shows her remarkable recovery after a horrific car accident when she was a teen. The family was told she would never function again. Marilyn talks about her struggle with the accident and her career. In the second segment

we feature NYIT's own John Hanc, a local author, freelance writer for Newsday, The New York Times, etc. and a runner. So we talked about running and writing.

Q: How have professors at NYIT affected you on a professional level? A: We had a lot of great professors at NYIT. I especially like the fact that they are not just teachers but true professionals in the field. They aren't just teaching journalism, but have or are experiencing it, so you can trust the information they are giving.

Q: Are you still involved with NYIT and their staff in your current life? A: I've been keeping in touch with John Hanc. I was also recently at a meeting with NYIT President Dr. Edward Guliano. He was the advisor for the Campus Slate when I was editor in chief. I enjoy giving back to NYIT and participating whenever possible. Last commencement, 2011, I had the opportunity to write a piece for the Campus Slate about the world 20 years after graduation.

Q: Name a professor that had the greatest affect on you while attending NYIT and is now reflected in your work today?

A: Many of the professors were great. Bernie Bard, who was retired from the New York Post was the most colorful. He would have us write leads, saying it was the most important part of a story. He would have us write our leads on the board and then critique them. If he liked it he would shout, "[expletive] beautiful lead!" If he really liked your lead he'd plop a dollar down on your desk. One time he threw his entire wallet at a student!

Q: What inspired you to do Kevin's Corner TV?

A: Thenewspaper has been a great success and I've always thought the stories we've been telling would also make a great television show.

Q: What classes at NYIT helped you develop Kevin's Corner TV? A:The entire Communication arts department is fantastic. I was involved in the radio station early on and did an internship with Cablevision.

Q-Are you still doing your publication and Kevin's Corner simultaneously

A-Yes, with a great crew in both productions it's working out well.

Q: How are you dealing with day to day stress with Kevin's Corner? A: I have a great crew in both productions that allows me to move simultaneously between projects it's working out well. I'm actually enjoying the filming. It's an extension of the Gold Coast Gazette. The features on the guests are usually people I know through the paper and feel they would make great extended stories. My good friend Todd Kopetic has been doing the production and editing of the show. My son Kacey (who is 14) has been helping with filming on the set which is a great thrill for both of us. I'm getting more relaxed with interviewing people... I have to admit my first time I did an interview on camera I was very stressed. It was with Richie and ErenConatta, two accomplished musicians. They were very easy going, it wasn't that. It was the idea of it before it all started. It was filmed at Cove City Sound Studios, their recording studios located in Glen Cove. As I sat behind a large mixing board and Todd was setting up the lights and cameras, I started to sweat thinking, "Oh, my God, what am I doing here? This is crazy!" But thankfully once the cameras started rolling I found Eren and Richie extremely easy to talk to the show just flowed.

Q: How many people do you currently have work for you or with you? A: We have a production person for the Gold Coast Gazette as well as many freelance reporters, sales people, circulation, legals, etc.

Q: What do you think the future will bring for the publication and Kevin's Corner TV?

A: The Gold Coast Gazette is so established in the community that I think its life will continue forever. The New York Press Association, of which I'm a member, did a study of all local weekly newspaper and evaluated their

future with the advent of the web. They determined that the web is not a threat to local newspapers because people will always seek them out for local news. I've also found that even if a bunch of photos are posted of an event by local photographers people will call up the Gazette and ask for extra copies of a paper because we had their child in the paper. The fact that we use ink gives validity to the printing of the photo.

This past week (November 8) we launched a special e-edition of the Gazette which is a great "Green" alternative to the print edition. A link can be found at the Gazette's web site: GoldCoastGazette.net

Q: Can you share one of the biggest stories you covered on both your show and newspaper that mean a lot to you on a personal or professional level? A:There have been so may with the newspaper over the years it's hard to pinpoint one. The stories that touch people's lives in a positive way are the ones I'm most proud of. It's gotten to the point that now adults are saying to me, for example, "Oh, I remember when I was in the Gold Coast Gazette when I was in middle school. I won the spelling bee and you took my photo and put it in the paper. My mother still has the clipping in an album."Those stories are nice to hear. As far as Kevin's Corner TV goes, I hope we are sending a positive message and telling people's stories as well as giving people great information. For example, in the December 2nd show we have Michael Gaeta an educator, writer, publisher in the field of natural healthcare. He tells us how we as individuals can care for ourselves in a more natural and holistic way. We learn how to keep our bodies in a healthier state, therefore trying to avoid the need for intense medications. Michael's mission is to teach us how to live healthier, and how to then spread that knowledge of health to others. This is one of our more in depth and thought provoking episodes to date. Michael Gaeta is a world renown acupuncturist who founded Acupuncture for Veterans, an organization which provides free and low-cost treatment in New York for US Veterans.

Q: How many viewers do you have on a weekly basis?

A: Cablevision doesn't really keep track of the viewers but the response has been fantastic. After the shows air on Cablevision they are immediately posted to a YouTube site titled, "KevinsCornerTV".

Q: What advice can you give to our readers and aspiring journalists?

A: Journalism has changed with the advent of the internet and sadly

everyone with a keyboard and a web site thinks they are a journalist. Remember, a true journalist doesn't show his or her opinion in a proper news story. In the best news story the reader goes away knowing all the facts to make their own opinion and never knows yours.

Q:Many people have their own ways of defining journalism. What is your way?

A:To quote my mother: "We simply hold a mirror up to the community."

Q: What is your next course of action?

A: From the television show the production editor of the show, Todd Kopetic and I have started a division called, "Gold Coast Productions." At Gold Coast Productions, we offer HD Video services to help businesses achieve the most out of advertising. TV, Web, Corporate, Personal, Professional High Definition Video. We are offering: Royality Free Music, Custom Composition, Profession Voice Over Script, Writing Actors, Spokes Persons, and YouTube Promotion, VDigitial Effects On Location Video .To date it's been a huge success and we've produced a number of commercials. Samples can be seen on our YouTube Channel: Gcproductionsvideo the website is: www.gcproductions.net



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Pearl Harbor Remembered 70 Years Later

By: Robert Marzano



It was a Sunday morning in December 1941; sailors were still sleeping in their cots along battleship row in the harbor. The skies were clear, the water was still, and at the time, no one could even imagine the horror that would be bestowed upon the Pacific Fleet on this December 7th morning. On

this Sunday morning in 1941, it would be the day that would "live in infamy."

Over 400 miles from Pearl Harbor, 353 Imperial Japanese Navy Pilots were loading into their planes, and beginning the way into the harbor. In absolute radio silence, the Japanese were ready for the attack. The Japanese were caught on radar by the US Navy. After a naval officer said that he saw a large haze on the radar screen. Radar is still considered a gadget in America, the British have also used it as the war began. US Air Force Lt. Kermit Tyler, who was the commanding officer the morning of the attack, said that they were expecting a fleet of B-17 fighter jets from the mainland; he told the radar officer that it was nothing. America would soon pay the price for ignoring the glyphs on the radar. For the Japanese, the surprise worked. Over their radio's came the command, "Tora! Tora! Tora!" or "Tiger! Tiger! Tiger!" They had achieved radio silence and at approximately 7:48 am, the attack on Pearl Harbor was underway.

Sailors were ordered to man their battle stations and over the loud speakers came a starting announcing: "Japanese attacking Ford Island. This is no sh*t!" Ford Island was the main area of attack because the island where the fleet had been moored over in battleship row.

Battleship row was commenced of 8 battleships, which were considered the pride of the Pacific Fleet. They were the Arizona, California, Maryland, Nevada, Oklahoma, Pennsylvania, Tennessee, and the West Virginia. Out of the eight ships moored in the harbor that day, the Arizona, Oklahoma, West Virginia, and the California would be sunk during the attack. The USS Oklahoma would be capsized by a torpedo which was flown from a Japanese zero. Many of the sailors who were trapped inside the ship died of drowning and asphyxiation, due to the fires triggered by the torpedo attacks.

Many of the survivors who were trapped inside have said that it was dark, damp, and wet inside. Claustrophobia was a big fear, and we didn't know when we were going to be saved. Survivor testimony, also reveals that they had light candles in order to know how much oxygen was left inside the ships un damaged hull. But the biggest blow was yet to come. But it was the USS Arizona that would receive the most fatal blow of the entire attack. At 8:06 pm, a 410 millimeter armor-piercing torpedo, struck the Arizona's forward powder magazine between gun turret's one and two, and exploded, destroying the ship. Over 20,000 pounds of explosives created a catastrophic blast which destroyed the ship and took with it 1,177 sailors. This was the largest loss of life in naval maritime history since the sinking of the RMS Titanic in 1912.

Among the survivors was Donald Stratton, who narrowly escaped the explosion and lived to tell about it. He spoke about it in an interview with www.historynet.com. "Over 70 percent of my body was burned. I got the best treatment they could provide for such injuries," said Stratton. "There were so many people in my condition; it was hard to keep track of us all." During the attack, planes had taken off, and fighter jets had launched an aerial attack on the Japanese. A lot of the attack and stories of heroism were made of the ground. John W. Finn, a chief petty officer

was awakening by the sound of gun fire. He raced down to the Naval Air Station at Kaneohe Bay, Finn found himself in the crossfire, he manned a .50 caliber moveable machine gun, and continuously fired upon the Japanese fighter planes. After non-stop attack for 2 hours, and receiving 21 distinct wounds, including a bullet in the foot, and a wound which caused him to lose feeling in his left arm. In a 2009 interview he said "I was out there shooting at Jap planes and just every so often I was a target for some." For his actions, on September 14, 1942, Officer John William Finn was awarded the Congressional Medal of Honor. Finn died on May 27, 2010 at the age of 100. He was the oldest and last surviving Medal

of Honor recipient from the attack on Pearl Harbor.



Over the course of the two hour attack on Pearl Harbor, a total of 2,402 Americans were killed, 1,282 were wounded, 188 US aircraft were destroyed, 4 battleships were destroyed. For the Japanese, they suffered

minimal damage. 29 airplanes and 5 midget submarines were lost, they lost only 65 servicemen and 1 sailor was captured. After the attack Japanese Admiral Isoroku Yamamoto said "I feel that all we have done is to awaken the sleeping giant and fill him with a terrible resolve." Little did he know is that, that sleeping giant would emerge a world super power after war.

On December 8, 1941, President Franklin D. Roosevelt issued his "Declaration of War" to Congress. "Yesterday, December 7th, 1941, a date this will live in infamy. The United States of America was suddenly and deliberately attacked, by naval and air forces of the empire of Japan." Roosevelt had also stated that "no matter how long it may take us to overcome this premeditated invasion, the American people in their righteous might, will win through to absolute victory." America was at war with Japan, and days later, the US was at war with Germany. America, who said they would not interfere with European affairs, was now entrenched in a conflict with Europe and Asia.

After four long years of war in the Atlantic and the Pacific, millions of American lives had been sacrificed and things were even worse in the Pacific. The Germans had surrendered in May of 1945 and men were still dying in the Pacific Theater. On August 6, 1945 the American's dropped the first atomic bomb on the island of Hiroshima. August 9th, the island of Nagasaki was attacked by a 2nd atomic bomb, and the war had come to a sudden end.

The USS Arizona laid dormant and un-salvaged for years. Many of the parts of the ship were salvaged after the attack and declared an historical landmark. There were debates of whether she should be raised, sold for scrap, or be left in peace as a memorial to the fallen.



On Memorial Day 1962, the USS Arizona, and Congress declared the Memorial and the remains a National Historic Landmark in May 1989. Today, neatly 1 million people visit it annually. The Memorial has a view point above the ship, where people can see the ship as she has lied for the last 70 years. One characteristic of the ship is the ever present flow of oil that is slowly flowing from the hull to the harbor surface. Survivors from the

ship consider the oil, the over 100,000 gallons of it, tears of the ship for its dead. One of the stories as told by the numerous survivors have revealed, that when the last survivor dies, all the oil will be released.



As veterans and

survivors are dying each day in the thousands, many of them when they die, want to be buried at sea with their ship mates. They are buried with full military honors, a full military service, and the cremated remains are brought over to the ship by members of the National Park Service. The remains are actually, believe it or not, are put in the opening of gun turret three, the area of the ship which is exposed. In many ways, the ship is alive and the fact that survivors want to be buried along with their shipmates, forever adds to the story and the memories that the ship is a big part of their lives.

Members of the Pearl Harbor Survivors Association are dwindling each day. As fewer than 3,000 survivors are still alive today. For many survivor's, many of them have put the event behind them and have lived the rest of their lives without any animosity towards the Japanese. For

survivor Donald Stratton, their will never be a time to forgive and forget.

"I haven't forgiven them and I never will," he says. "You have to be in my position in order to understand what my feelings really are. I just can't see how someone can forget that almost 3,000 of your own brothers were killed in such a senseless way. At least I don't."

Each year, Pearl Harbor survivors return each year to honor the lives lost on December 7th. But, the numbers of the World War II veterans are dwindling each day. At least 1,000 World War II veterans are dying each and everyday. Sterling Cale, a Pearl Harbor survivor, who after the attack spent hours rescuing sailors from the burning harbor water was a volunteer at the USS Arizona Memorial was asked by www. americaninwwii.com why he volunteers.

"It's therapy for me," he says. "Because I want to bring the story of December 7th, 1941 to the all the young people, I want them to know and never forget. I also want them to know it was a horrific day in America." "Remember Pearl Harbor" has been the war cry for many World War II veterans. Even today, veterans continue to make sure that America will be prepared for any attack that may come America's way. Our generation had September 11, 2001. For the greatest generation, December 7, 1941, the date which will live in infamy, will forever burn in minds and thoughts of the American people.

INTERSESSION '12

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Satyajit Ray
Michael Curtiz
Michael Powell and Emeric
Pressburger
Mike Nichols
Wes Anderson
Elia Kazan
Werner Herzog

Japanese Recovery- We've Been There, Too

By: Glen Montemarano

In the time following September 11th, Americans were lucky to receive support from countless places. It seemed as though everyone understood we were suffering, and wanted to offer as much help as possible to help us rebuild. Ten years later, we are still a nation on the mend, rebuilding after losing so much- we are doing our best to persevere.

Unfortunately, Americans are not alone when it comes to rebuilding in the wake of disaster.

On March 11th, Japan was struck by terrible disasters causing widespread devastation and loss of life. The largest earthquake to ever affect Japan struck the eastern coast, and led to a tsunami that caused the ocean to reach six miles inland. Both of these events led to the failure of a nuclear station located in Fukushima.

In the nine months that have followed, the nation has been feverishly rebuilding infrastructure, homes, office buildings, hospitals, and schools. This was all in addition to mourning the loss of nearly 16,000 people.



These photos, both of the same street, show how extensive the recovery efforts are. The photo on the left was taken in the days following the disaster, while the one on the right was taken three months later.

In October, I was able to travel to the affected areas to experience firsthand what the rebuilding was like. After learning that I would not be able to go within 40 miles of the Fukushima DaichiPower Plant, due to radiation concerns, I wondered how much I would be able to learn about the damage caused by these natural disasters.

Koriyama is a medium size city in the Fukushima Prefecture (in Japan, a prefecture is a division of government similar to a state). It is located about 150 miles north of Tokyo and 40 miles west of the failed nuclear reactor. For the purposes of comparison, I had to recall my trip to Koriyama in 2008. Buildings, power lines, and gas lines are all something that can be rebuilt, what interested mewas the attitudes of the people. What I found brought me right back to the months following the 9/11 attacks.

The Japanese focus on recovery, rebuilding, and sticking together as a nation reminded me of the universal patriotism after 9/11. Politics, economics, and personal beliefs are all being set aside in order to reach a common goal- making a country complete again after being struck with

tragedy.

It was an important lesson for an American to be reminded how the enormous task of rebuilding must be carried out with delicate precision and careful attention to the memories of victims.

What's going on in Japan is exactly what happened to us a decade ago. The sad reality that struck me was the realization that in time, the Japanese, too, will be launched so far into recovery efforts things will go back to being "normal." Sure, maybe there will be more earthquake drills and greater nuclear regulations, just the same as our travel screening and counterterrorism efforts on our homeland. But someday, these will all become a part of life, not a mandatory addition after a tragedy.

I turned 18 two months after 9/11. Suddenly I was responsible for my own actions, and had to carefully contemplate every decision I made. During the same period of time, our country matured and was entering an era where action and decisions are all made with care. Japan is now entering a time of growth- not physical or economic, but safety and preservation of life are now most important to the weather-beaten island nation. As Americans, and a group of people that were scarred by tragedy, we must stand by Japan, and provide as much support and empathy as we are able.

During my four day visit to Japan, I learned that the recovery process isn't as simple as being able to erect buildings and remove debris. Instead it relies on the people sticking together to reach a common goal. For a short period of time, politics, personal beliefs, and minor differences are put aside to work together towards a common goal. As an American, it is unfortunately all too easy to provide empathy to a nation struggling to overcome tragedy. We've been there, and it only helps us provide support to Japan.



Penn State Sex Scandal

By: Kyle Reitan



Sandusky Paterno

In an interview earlier this month, on NBC's Rock Center with Brian Williams, former Penn State assistant football coach and defensive coordinator, Jerry Sandusky claimed his innocence in an over-the-phone interview with correspondent Bob Costas. In the interview, Sandusky denied allegations of being a pedophile, in light of the recent Penn State sex abuse scandal making national headlines.

"I could say I have done some of those things. I have horsed around with kids I have showered [with] after workouts. I have hugged them, and I have touched their legs without intent of sexual content," Sandusky said referring to a 23 page report submitted to a grand jury early November amid an alleged sex abuse scandal. Costas then asked outright the question: "Are you sexually attracted to underage boys?" Sandusky's response: "No, I enjoy young people," after he repeated the question and paused.

Sandusky is involved in a 40-count indictment, ignited by Penn State, now asking the FBI to take over jurisdiction; accused of sexually abusing eight boys while other college officials didn't contact authorities—including head football coach Joe Paterno, and President Graham Spanier, both fired in mid November. Meanwhile, Mike McQueary, a graduate assistant coach for Penn State football was placed on administrative leave when the college learned he saw Sandusky's alleged sexual encounters with a boy in a locker room in 2002, but did not report it.

Paterno was fired before his home game against Nebraska on Nov. 12. Among the investigators is Penn State's Board of Trustees who announced publicly: "Joe Paterno is no longer the head football coach effective immediately," before an outburst of a stunned crowd. According to *The New York Times*, the Saturday football game was "uneventful."

The incident with Penn State can certainly destroy its reputation, as it did for Paterno, who won more Division I games in college football history, totaling 409 games. But it also points the spotlight on college athletics, and at programs at all schools, of all sizes. NYIT Athletics may have the Division I luster of Penn State football, but the Bears have long been competitive in many sports. We spoke with NYIT Athletic Director Clyde Doherty to learn how an event as scandalous as this one, effects us at NYIT. Doherty, NYIT's Athletic Director since 1988, was a member of the NCAA Student-Athlete Advisory Group in 2010.

What is your take on the Penn State sex scandal?

The Penn State situation crosses the line of athletics. For me it's about power and the abuse of power. Power has its privilege but it also has a high level of responsibility and accountable. Individuals, who had an initial opportunity to correct a negative situation, allowed that negative situation to build like a tsunami of evil through the lives of innocent young people. That tsunami is now a vicious virus spreading through the Penn State community.

Was the firing of Coach Joe Paterno fair game and what confuses you the most about the case?

I feel the termination of Coach Paterno was appropriate. What baffles me is the length of time that has expired since the assistant coach informed Coach Paterno of the sexual misconduct ('07) and the public disclosure this week. We have only searched the surface of this situation. My heart goes out to the young people who were abused. They are the only victims, not Joe Pa and the Penn State administration. Nothing can be done to make their lives whole again.

What is the big issue with ethics?

Big time athletics has big time interests. Sometimes big time interests clouds sound ethical and moral decision making. Sometimes big time interest believes that some casualties are acceptable in the protection of those interests. At no time is this approach acceptable.

What about morals?

Lock outs, scandals, misappropriate behavior, criminal activity—the pot is boiling and the top is about to blow off. Money, power, fame and greed drive the bus with compassion, moral behavior and sportsmanship standing at the bus stop.

What kind of an effect does a scandal like this one, have towards NYIT?

If for one moment I believed that this could not happen at NYIT I would be remised. The impact of the Penn State and now the Syracuse allegations erode the goodness of our society and send tidal waves of pain thorough everyone's lives. It does not matter the size of the institution or what level of sports we compete at the pain stains us all.

What would happen if something like this happened at NYIT, and would it have been kept hush, hush like this scandal?

I would, however, say that I am confident that if we had a situation at NYIT that impacted the lives of young adults it would not be kept a secret for five years. Evil abounds; however, it can only germinate it people stand by and do nothing as in the Penn State situation. For me, there is no amount of money or so called prestige that could ever be tendered that could keep me from protecting the quality of life of young adults, especially young children. I strongly believe I speak for my entire staff also. This is troubling but a reminder that you never know what goes on behind closed doors. May we all hurt a little from these hideous allegations but love our fellow human being more than the brand.



NCAA Dealing with Conference Realignment

By John Santamaria

Even before the shocking scandal at Penn State University began to unfold, college sports were and are still in the process of being turned inside out. What is the issue? Realignment.

It all began in June 2010, when the Nebraska Cornhuskers announced they were leaving the Big 12 Conference for the Big Ten Conference. At the same time, the University of Colorado announced they were leaving the Big 12 to move into the Pacific 10 Conference which became the Pacific 12 Conference after Utah joined the conference that summer. Confused? You're not alone, as many across the country are trying to figure out where some of their favorite teams might be playing sports in the near future. The moves last year were just the start of a trend that has now spread across the country and

changing the entire
layout of college
sports. This has
occurred for two
money is on the
table."

Football conferences that have 12 teams in its league host a championship game to determine the regular season champion. That leads to more money made by programs and the league.

In college football, each conference has a regular season champion which for some conferences means more than others. The Big 12, Big Ten, Pacific 12, Big East, and the Atlantic Coast Conference champions all receive automatic invites to play in one of the big bowl games in January known as the Bowl Championship Series. With that comes a lot of money and revenue to a school's athletic program from sponsors, network television, and participating in the highly watched Bowl Games each year. In order to be eligible for a bowl game, teams must have six or more wins in the regular season. Schools outside of the bigger name conferences don't receive bids to the more highly watched games because of their competition. Teams such as Boise State and TCU, that are ranked in the top 25 week after week in college football, but since they are participants in the Mountain West Conference don't receive an automatic Bowl Championship bid, and miss out on a chance to compete for the national championship. This has led to small schools, such as those named, to consider

a move into a bigger name conference. In fact, TCU will be moving to the Big 12 Conference next season.

This is just a small part of the situation going on with realignment. Movement is ongoing and at this writing, the future of the Big East Conference is up in the air with Syracuse and Pittsburgh leaving for the ACC in 2013. The Southeastern Conference, one of college football's elite conferences in the country, will expand to 14 schools when they are joined by Texas A&M and Missouri over the next two years. This brings more money and revenue to schools as well as these conferences. That's a positive for school administrators and athletic directors,but what about the most important factor in college sports, the student athletes? How are they affected by realignment? "Football runs the show with regards to the power structure within NCAA sports," says NYIT Athletic Director Clyde Doughty. "Institutional football programs have become so powerful that they are now in positions to dictate to conferences as to where they want to reside or who they desire to reside with and the musical chair rendition of conference

This means that schools without football programs don't even have a seat in the game and those athletes in other so-called "minor" sports such as soccer, baseball, hockey, and to some level, basketball end up getting only the scraps off that big money table. For example, the Big East Conference has schools without football teams that could be forced to move into a less competitive conference for its main sport which is basketball because of the actions its competitors wanted for its football programs. "It appears some form of Big East realignment is inevitable," St. John's head basketball coach, Steve Lavin, said in a September interview. "But St. John's will continue to thrive as a college basketball program of distinction."

The solution to this is how the NCAA sets up postseason play for college football. When running for office in 2008, President Barak Obama told ESPN's Chris Berman in an interview that he would want to see a playoff system for college football. This would create equal ground across the country and if it had been created years ago, realignment might not be a topic of conversation this school

year. Realignment also ends years of great tradition in other sports, such as basketball in the Big East Conference. Doughty feels that the ones who are ultimately affected the most are the students and its athletes because of regional competition. "Conferences traditionally operated in a geographical area that developed natural rivalries; the distances were not that egregious and had less of an impact on student-athlete. Now with conferences plucking members outside of traditional geographical boundaries, schools are flying all over the country to contests which results in decreased fan support and increased missed class time for student-athletes."

Here at NYIT, the Bears play in Division II for all sports other than Baseball, which is a Division I team. They became a Division I team in the Seventies and did this in order to be able to play local competition such as St. John's and Hofstra University. In 2010, the baseball team was involved in a conference change moving from being an independent team to the Great West Conference after spending almost 40 years as an independent team. According to the Athletic Department at NYIT, the move was not based on money or revenue for the institution, but for the best interest of the team and its student athletes. "The Great West provides us with a conference schedule and allows us to play for a conference championship," says Clyde Doughty. "It wasn't the best fit, but none of the conferences in our geographic reason would grant us associate membership."

The world of college sports is upside down for unnecessary reasons and it might not be the same for a while because of realignment. With changes coming all the time, the important thing that should be noticed is the focus in college sports needs to be back to where it belongs; focusing on the student athletes and not just those universities with major football programs.



Women's Volleyball Plays in NCAA Tournament

By: Matthew Schlichtig

The NYIT Women's Volleyball team earned spot in the East Region of the NCAA Tournament and played conference rival Bridgeport earlier this month. The Bears' goal at the start of the season was to get into the NCAA Tournament. It has been five years since the team got into the tournament and the Bears were very happy with this accomplishment. This is the 7th trip the Bears have made to the NCAA Tournament. The team's time at the tournament however, was cut short by a 3-0 loss against Bridgeport. This was the fourth time the Bears went up against Bridgeport this season.



The Bears played hard but unfortunately made too many unforced errors. According to Head Coach Gail Wasmus, the team got off to a slow start against Bridgeport. Hitting and blocking were excellent for Bridgeport. The Bears couldn't stop

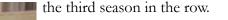
Shelby Cable

their hitters out of the middle. "We started with a good service by Tugce and Lisa, but later on we struggled," says Wasmus. "I felt the team was prepared, but we just didn't execute."

The Bears expected their match to be a tough one since Bridgeport was a team they were keeping a look out for. They felt Bridgeport was the biggest challenge for them to overcome before the NCCA Tournament. The last three matches against Bridgeport ended up with 1 win and 2 losses.

While the team did meet an early defeat, the Bears had a great season having an overall record of 19-9 with a second place regular-season finish in the ECC with an 11-2 mark. "I think we had a great season," says Wasmus. "We went on a streak of 16-1 at one point." Getting to the NCAA Tournament was a great achievement on its own. The Bears were very happy to accomplish their goal of getting into the NCAA Tournament.

Shelby Cable and Lisa Peacock were named to the 2011 Daktronics All-East Season second team. Peacock anchored the NYIT defense this season, averaging a conference-beast 4.72 digs per set. She got double-digit digs on 23 instances, including a season high of 32 against Kutztown on September 1. During that match, Peacock became the eighth Bear in program history to build up 1,000 career digs. She is currently second-all time with 1,417. Her efforts got her named East Coast Conference Libero of the Year for





per set and added 30 acres, 33 blocks and grabbed 298 digs. For the majority of the season, Cable has been ranked in the top-10 nationally in kills per set and total points. For the second season in a row, she received All-ECC first team accolades.

Cable led the Bears with 4.54 kills

The Bears achieved their goal and are happy they were able to get into the NCAA Tournament after a five year absence. Everyone worked hard and put in a good effort to get the team to the NCAA Tournament. The Bears had such a great season and they look forward to doing even better next season.

Lisa Peacock

NYIT Cheerleading

By Jay Bhavsar



NYIT Athletics

With two new coaches and its largest squad ever, NYIT cheerleading is off to a fresh and exciting start to the new season. The two new coaches are Head Coach Johanna Buchberg and Assistant Coach Tara O'Donnell. Additionally, the cheerleading squad is composed of 16 cheerleaders,

which is the largest squad ever. With the mindset of getting better and better, NYIT Cheerleading is off to a fresh and exciting start to the new season.

Head Coach Johanna Buchberg is confident with the combination of returning cheerleaders and the new cheerleaders that NYIT Cheerleading will take cheerleading to the next level and possibly compete, "They are a very family oriented team, everyone gets along, it's a close group of friends, and they are excellent listeners and very hardworking," explained Coach Buchberg.

Some key returning members are junior Shauna Koehler, senior Felicia Hodge, junior Sheena Thompson, junior Alexandra Briet, and junior Dianne Reitberger. One of the key returning cheerleaders is junior Dianne Reitberger. This is Dianne's third season on the team and is currently a psychology major. Dianne aspires to become a high school math teacher and coach cheerleading at whatever school she is teaching at. When asked about his personal goals and the goals for the team Dianne replied that, "My personal goal is to strive harder and we have been doing such a great job this year, like get stunting together, and keep going at the pace we are currently going at. The team feels the same way. We want to build strength and get better and better." In order to prepare for the upcoming season, Dianne ran a lot during the summer and coached cheerleading over the summer also. When asked about how she motivates herself to keep getting better and better Dana explained that, "I work three jobs on top of cheerleading, and that's what keeps me going. Cheerleading is my stress-relief, I can come here and do my thing and have fun." Head Coach Johanna Buchberg explained that, "These girls are great, they always help the new girls out, they make sure everyone is involved in everything," said Coach Buchberg. "They taught all the cheers, all the stunts, the fight songs. They make sure all the girls are on time at practice in the correct outfits."

Coach Johanna Buchberg has a certain philosophy she implements on the team. I always give positive feedback, because I still cheer and if I get that negative feedback from my coach, I would be like I don't want to do this anymore. Giving them that positive and also helping them build from the negative, really helps them a lot," explained Coach Buchberg. You can see the team throughout the basketball season cheering on the NYIT Bears.



Sports Calendar

December 2011/January 2012

Tue., Dec. 6	WBB vs. C.W. Post *	Old Westbury, N.Y.	5 p.m.	
Wed., Dec. 7	MBB vs. C.W. Post *	Old Westbury, N.Y.	6:30 p.m.	
Mon., Dec. 12	WBB at Caldwell	Caldwell, N.J.	7 p.m.	
Wed., Dec 14	MBB vs. Southern New Hampshire	Old Westbury, N.Y	6 p.m.	
Sat., Dec. 17	WBB vs. Bellarmine	Old Westbury, N.Y.	Noon	
Sat., Dec. 17	MBB at Holy Family	Philadelphia, Pa.	4 p.m.	
Thurs., Dec. 29	WBB at Assumption	Worcester, Mass.	3 p.m.	
Sat., Dec. 31	WBB at St. Joseph's (N.Y.)	Patchogue, N.Y.	Noon	
Sat., Dec. 31	MBB at Felician	Lodi, N.J.	2 p.m.	
Tues., Jan. 3	WBB vs. Mercy *	Old Westbury, N.Y.	2 p.m.	
Wed., Jan. 4	MBB vs. Mercy *	Old Westbury, N.Y.	7 p.m.	
Sat., Jan. 7	WBB at Molloy *	Rockville Centre, N.Y.	1 p.m.	
Sat., Jan. 7	MBB at Molloy *	Rockville Centre, N.Y.	3 p.m.	
Wed., Jan. 11	WBB at University of D.C. *	Washington D.C.	5:30 p.m.	
Wed., Jan. 11	MBB at University of D.C. *	Washington D.C.	7:30 p.m.	
Sat., Jan. 14	WBB vs. Dowling *	Old Westbury, N.Y.	Noon	
Sat., Jan. 14	MBB vs. Dowling *	Old <mark>Wes</mark> tbury, <mark>N</mark> .Y.	2 p.m.	
Wed., Jan. 18	WBB at St. <mark>Th</mark> omas Aqui <mark>n</mark> as *	Sparkill, N.Y.	5:30 p.m.	
Wed., Jan. 18	MBB at St. Thomas Aquinas *	Sparkill, N.Y.	7:30 p.m.	
Sat., Jan. 21	WBB at Bridgeport *	Bridgeport, Conn.	1 p.m.	
S <mark>at</mark> ., Jan. 21	MBB at Bridgeport *	Bridgep <mark>o</mark> rt, Conn.	3 p.m.	
Mon., Jan. 23	WBB at LeMoyne	Syracuse, N.Y.	5 p.m.	
W <mark>ed., Jan. <mark>25</mark></mark>	WBB vs. Queens (N.Y.) * Coaches vs. Can	Ol <mark>d Westbur</mark> y, N.Y. 5 p.m.		
W <mark>ed., Jan. 25</mark>	MBB vs. Queens (N.Y.) * Coaches vs. Can	Old Westbu <mark>ry</mark> , N.Y. 7 p.m.		
Wed., Jan. 25 MBB vs. Queens (N.Y.) * Coaches vs. Cancer Old Westbury, N.Y. 7 p.m. Mon., Jan. 30 WBB vs. Dominican (N.Y.) ! Senior Day \$ Scrimmage				
# ECC/NE-10 Conference Challenge				

ECC/NE-10 Conference Challeng

^{*}East Coast Conference game

