

Press Summary for 2007 - 2011

2011

Health Fitness – [Vitality](#), October 2011
Margaret Moore quoted in [Psychology Today](#), October 2011
CureToday.com - [Do you need a Cancer Coach?](#) September 2011
New York times - [Keeping Themselves Fit](#), September 16, 2011
Boston Examiner - [Can health coaches fix our healthcare system?](#) July 2011
Enhanced Kinetics - [Interview with Margaret Moore](#), March 2011
Women's Day - [Health experts you can call on](#), March 2011
Nurse Connect - [Health Coaching Offers New Career Path for Nurses](#), March 2011
CBS Boston Radio - [Healthcare reform and preventing chronic disease](#), January 2011

2010

Coaching Commons – [Wellness Coaching: The Market is Growing](#), November 2010
Coach Meg in [Runner's World insert](#) – p 17-19
Press Release – [Summit on National Certification of Health & Wellness Coaches](#), October 2010
[Health Coaching Q&A](#) – ICF Coaching World Sep 2010
Press release on [2010 Harvard Coaching Conference](#)
[Radio Interview](#) of Coach Meg on The Coaching Show, July 2010
[Weight Loss Advice](#) – More dieters are getting help from life coaches in their efforts to shed pounds.
Oprah Magazine – [Inner Adventurer](#), May 2010
Detroit Free Press – [Wellness Coaches Target Women's Heart Health](#), March 2010
The Coaching Commons – [Research Update: Coaching Guides Cancer Survivors to Better Health](#), March 2010
US News & World Report – [Nutritionist. Food Coach. How Good is Their Diet Advice?](#) February 2010
Press of Atlantic City: [In Need of a Lifestyle Change? Why Not Get a Coach?](#) February 2010
Boston Globe: [Coaching as an alternative to therapy](#), January 2010

2009

[Boston Globe](#) – McLean center gives coaching a boost, December 2009
[ACSM-2010-FitnessTrends](#)
McLean Hospital/Harvard Medical School 2nd annual conference: [Coaching in Medicine and Leadership](#)
[The 'Exercise is Medicine' Advantage](#) March 2009
[The Coaching Show](#) Jan 2009

Ben Greenburg [radio interview](#), Jan 2009

2008

[New Year's Non-resolutions press release](#), Dec 2008

[Entrepreneur magazine](#), Dec 2008

[Men's Fitness](#), Oct 2008

[No-cost gifts](#) for happiness at Huliq, Nov 2008

[Invest in health](#) press release, Nov 2008

[Harvard Medical School Coaching Conference Press Release](#)

[How Coaching Works video launch](#)

[Coach Meg site launch](#), June 2008

[Daily Herald \(Chicago\)](#), Losing weight could be a matter of coaching

Wellness Coaching: The Latest Trend in Fitness: [WebMD article](#)

[Newsweek](#) June 2008

[Club Industry](#) The Wealth in Wellness, June 2008

[New York Times](#) March 2008

2007

[IDEA](#) Selecting a wellness coach, October 2007

[New York Times](#), April 2007

[CDHC Solutions Magazine article](#) Choosing a Great Wellness Coach, April 2007

[Boston Globe piece](#) on new Coaching Psychology Institute, Jan 2007

[Personal Fitness Professional](#), Jan 2007