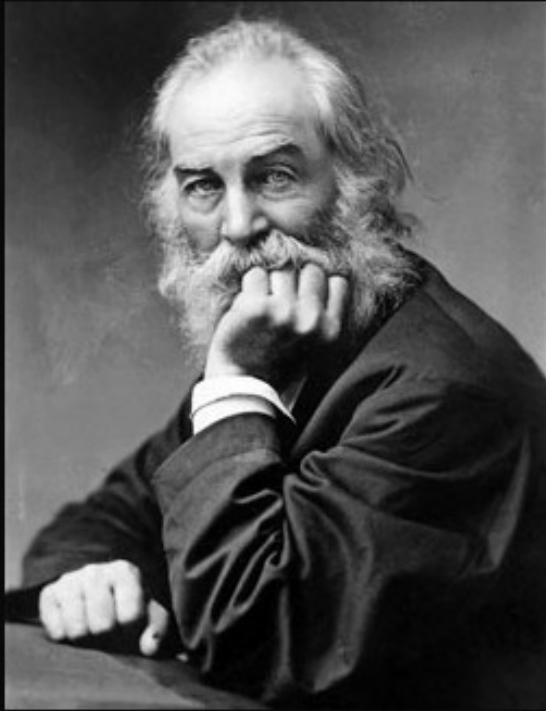


# multiplicity of mind at work

Margaret Moore, MBA  
Executive Coach

Founder, CEO, Wellcoaches Corporation  
Co-Founder, Chair, Institute of Coaching

Moore ©



Do I contradict myself? Very well, then I  
contradict myself, I am large, I contain  
multitudes.

(Walt Whitman)

[izquotes.com](http://izquotes.com)

imagine your mind is a solar system





standard  
setter



thinker



core self



relational



autonomy

inner family



body  
regulator

adventurer



confidence



meaning  
maker



creative

Carl Jung mental processes	Enneagram type core drive	Myers Briggs 1 <sup>st</sup> brain function 2 <sup>nd</sup> brain function	Inner Family (Moore)
introverted feeling	1 reformer	INFP, ISFP, ENFP, ESFP	Autonomy
extraverted feeling	2 helper	ENFJ, ESFJ, INFJ, ISFJ	Relational
introverted intuition	9 peacemaker	INTJ, INFJ, ENTJ, ENFJ	Meaning Maker
extraverted intuition	4 individualist	ENTP, ESFP, INFP, ISFP	Creative
introverted sensing	6 loyalist	ISFJ, ISTJ, ESFJ, ESTJ	Regulator
extraverted sensing	7 enthusiast	ESFP, ESTP, ISFP, ISTP	Adventurer
introverted thinking	5 investigator	INTP, ISFP, ENTP, ESFP	Thinker
extraverted thinking	3 achiever	ENTJ, ESTJ, INTJ, ISTJ	Standard Setter
confidence	8 challenger		Confidence

meet nine  
personality parts



**functions**



**drives**



**strengths**



**talents**



**ego (identity)**

# autonomy

## introverted feeling

put self first  
personal values  
moral values  
what's right & wrong  
judgmental  
march to own drummer  
freedom to choose  
self determination



enneagram 1 reformer  
I Ching - Fire  
INFP, ISFP  
ENFP, ESFP

# autonomy at work

courage

ownership  
responsible  
role model  
empower self



self-reflection  
self-awareness  
seek feedback  
strengths  
development



# relational

## extraverted feeling

put others first  
meet others' needs  
acceptance  
benevolence  
compassion  
connection  
loyalty  
trust



enneagram 2 – helper  
I Ching - Water  
ENFJ, ESFJ  
INFJ, ISFJ

# relational at work

## compassion



social intelligence  
others' needs  
others' values  
inclusive  
respectful  
trust  
non-judgment

empowering  
inspiring  
collaborative  
develop others  
culture

# confidence

strength  
competence  
confidence  
power

enneagram 8 - challenger  
any Myers Briggs



# confidence at work

competence

expertise  
competence  
confidence  
influence



learning  
admits mistakes  
feedforward

# regulator

## introverted sensing

vitality  
health  
balance  
stability  
safety  
homeostasis  
sustainability  
details

enneagram 6 – loyalist  
I Ching - Lake  
ISFJ, ISTJ  
ESFJ, ESTJ

# regulator at work

## stability

emotional awareness  
emotional regulation  
self-control  
equanimity  
self-care

composed  
balance  
safety

# adventurer

## extraverted sensing

open  
experiencing  
curiosity  
seeks novelty  
risk  
adventure  
change  
zest  
explorer



enneagram 7 – enthusiast  
I Ching - Thunder  
ESFP, ESTP  
ISFP, ISTP

# adventurer at work

open, adaptable mind



inquiry  
enthusiasm  
diversity  
opportunities  
risk-taking  
change

monitor external environment  
anticipate threats/opportunities  
flexible  
adaptable  
resilience



# thinker

## introverted thinking

analyze  
reflect  
think through  
figure out  
understand  
clarify  
problem solve  
evaluate  
find order



enneagram 5 – investigator  
I Ching - Mountain  
INTP, ISTP  
ENTP, ESTP

# thinker at work

## analytical thinking



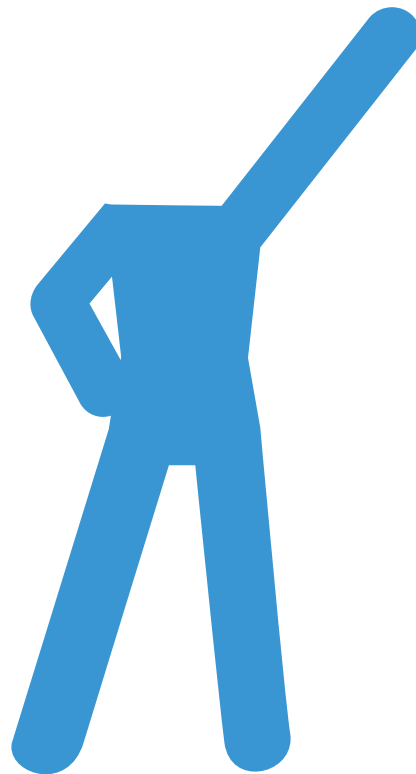
objective  
impartial  
gather evidence  
critical analysis  
clarity  
communication

problem solving  
decision making  
strategies

# standard setter

extraverted thinking

ambitious  
achieves  
direction  
sets the bar  
measures

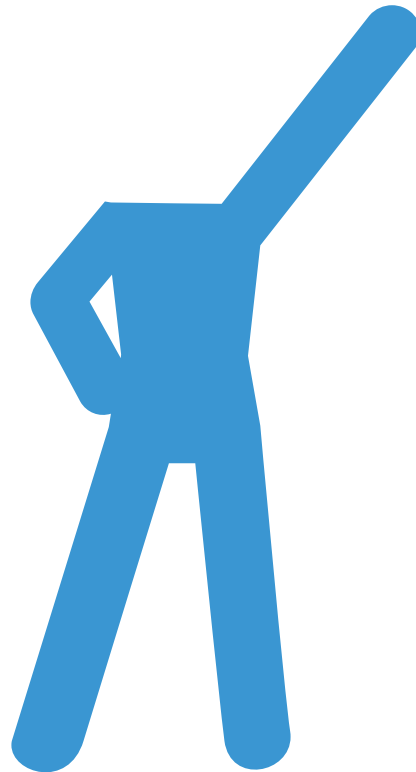


enneagram 3 – achiever  
I Ching - Wind  
ENTJ, ESTJ  
INTJ, ISTJ

# standard setter at work

## professionalism

set standards  
set direction, goals  
set expectations  
deliver results  
pride

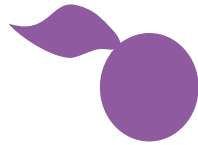


be at forefront  
conscientious  
quality  
efficient  
up to date

# creative

## extraverted intuitive

spontaneous  
nonlinear thinking  
imaginative  
generative  
sees interconnections  
playful  
finds humor  
inventor

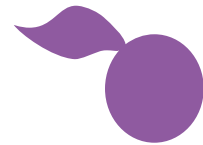


enneagram 4 – individualist  
I Ching - Heaven  
ENTP, ENFP  
INTP, INFP

# creative at work

## innovative

new ideas  
see new patterns  
imagine new ways  
brainstorm  
vary perspectives



lead new initiatives  
seek innovation  
support innovation

# meaning maker

## introverted intuition

quest  
find meaning  
find harmony  
higher purpose  
gratitude  
foresight  
wisdom  
inner coach!

enneagram 9 – peacemaker  
I Ching - Earth  
INFJ, INTJ  
ENFJ, ENTJ



# meaning maker strategy

big picture  
synthesis  
complexity

culture  
greater good  
gratitude





## conscious at work



appreciates multiplicity of mind



values strong ego parts



compassionate toward vulnerability



welcomes polarities and conflicts



seeks to expand consciousness